INDICATOR: Poor Well-Being

Threshold: A raw score of 12 or below identifies negative adjustment to life and/or low level of enjoyment in life, low self-esteem.

Specific indicators:

- Low satisfaction with relationships
- Low satisfaction with outside interests
- Decreased interactions with others
- Decreased outside activities
- Low job satisfaction
- Low level of self-esteem

Does the patient:

- have confidence in the world and personal relationships (cup half-full or half-empty)?
- feel involved?
- feel needed?
- feel useful?

Interventions:

- Identify patient's subjective experience of lack of enjoyment of social relationships.
- Identify patient's subjective experience of decreased interest in career/social/avocational activities.
- Communicate with interdisciplinary team: patient's low level of trust and difficulties communicating could affect protocol participation.
- Refer to vocational rehabilitation and/or recreational therapist.
- Arrange psychiatric consult, if needed.

